

ANNUAL KARL KINANEN PUBLIC LECTURE

Wednesday April 18, 2018
3:00 – 4:00 p.m.

Dundurn Castle
Coach House
610 York Blvd
Hamilton

Finding a
new voice:
Writing through
health adversity

Dr. Ellen Ryan,

Professor Emeritus of McMaster University



Acquiring a disability through accident or chronic illness (such as dementia) can threaten one's sense of self and ability to interact with others. Journal writing allows individuals to rediscover their sense of self, to release complex emotions by naming them, and work their way through the many changes in their daily lives. Writing for others helps the author clarify personal experience, find meaning, and make a valuable social contribution. Published illness narratives put a face on disability, engender empathy, advocate for a "disability-friendly" society, and show how the human spirit can transcend disability.

Presented by:

The Gilbrea Centre
for Studies in Aging

In Partnership with:

Hamilton Aging in Community
The Department of Health, Aging &
Society at McMaster University

To register call:

(905) 525-9140 ext. 24449

Or email:

gilbrea@mcmaster.ca

by April 1, 2018

Free Lecture

Free Parking

